

Pro Joint Powder

80g tub - R250

This potent oral supplement is specially formulated for individuals already suffering from cartilage & joint degeneration. Indicated for relief of symptoms associated with Osteo-related joint & muscle pain, stiffness & compromised movement.

Combines the beneficial effects of MSM, Glucosamine Hydrochloride, Omega 3 & many therapeutic herbs. For optimum efficacy it is recommended that this product be used in conjunction with the topical gel.

Naturally Formulated NUTRITIONAL SUPPLEMENT – This comprehensive oral supplement with anti-inflammatory and herbal properties, specifically formulated for individuals with chronic joint pain and soft tissue degeneration. Contains MSM, Glucosamine Hydrochloride, Green lipped Mussel Extract, Omega 3.

Product ingredients

Glucosamine: is classified as an amino sugar, unlike other forms of sugar in the body it is incorporated into the structure of body tissues rather than being used as energy. It is a naturally occurring connective tissue nutrient that is involved in the formation of tendons, cartilage & bone, it also improves the production of Hyaluronic acid or joint fluid thus facilitating lubrication.

- *LYSINE*: Is an essential amino acid aids with tissue repair, stimulates muscle growth and development.
- *MSM (Methylsulphonmethane)*: is an organic sulphur (one of the most bio-available sources of sulphur) that is found in plants & animal tissue, it is a natural anti-inflammatory, increases blood circulation & promotes the healing of injuries. MSM helps maintain skin integrity, as it is a building block of collagen.
- *Boswellia*: has potent anti-inflammatory, anti-arthritic & analgesic properties. The active components in Boswellia deactivate the hormonal triggers that cause pain, inflammation & swelling. It enhances repair of connective tissue & blood vessels.
- *Curcumin*: inhibits Interleukin 1 (group of three polypeptides that play a central role in the regulation of immune & inflammatory responses) & helps to prevent & treat Osteo-related conditions.
- *Propolis*: the CAPE (Caffeic Acid Phenethyl Ester) content in Propolis may assist to prevent further symptoms of Osteoarthritis.
- *Ashwagandha*: may help alleviate pain & associated disability of Osteo related conditions.
- *Green Lipped Mussel Extract*: contains a rich blend of natural proteins, which when taken as a supplement aids joint mobility & cartilage maintenance.
- *Bromelain*: is best known for its anti-inflammatory properties following traumatic injury, it breaks down the proteins in swollen damaged tissue & prevents the development of blood clots.

How to take it:

This is a very potent combination.

start very slowly.

3g - 1/4 scoop/flat teaspoon at night with juice or yoghurt.

may get an upset stomach.